

David R. Shlim, M.D.

Curriculum Vitae

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Kelly, Wyoming 83011
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Home: 307-734-5393
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Birthdate: 4 June 1949
Birthplace: Portland, Oregon USA
Citizenship: American
Marital Status: Married to Margaret Jane Gallie
Children Matthew Shlim, Born 22 March 1991;
Anna Tara Shlim, Born 31 January 1996

Website: www.davidshlim.com

Education

Pomona College (Claremont, California) B.A. in English Literature, 1971.
Rush Medical College (Chicago, Illinois) M.D., 1976.

Post-Graduate Training

Good Samaritan Hospital and Medical Center Flexible Residency 1976-77.

Work Experience

- 1977—1978 Family Practice, Fortuna, California, USA. Medical staff Redwood Memorial Hospital, Fortuna, California.
- 1978 Staff Physician, Emergency Department, St. Joseph's Hospital, Eureka, California, USA.
- 1979—1981 Staff Physician, Emergency Department, Dwyer Memorial Hospital, Milwaukee, Oregon, USA; and Staff Physician, Good Samaritan Hospital and Medical Center, Portland, Oregon, USA.
- 1981—1983 Staff Physician, Emergency Department, Good Samaritan Hospital and Medical Center, Portland, Oregon, USA.
- 1983—1985 Associate Medical Director, The CIWEC Clinic, Kathmandu, Nepal
- 1985—1998 Medical Director, The CIWEC Clinic Travel Medicine Center, Kathmandu, Nepal.
- 1998—2018 Research Director, The CIWEC Clinic Travel Medicine Center, Kathmandu, Nepal
- 1998—Present Medical Director, Jackson Hole Travel and Tropical Medicine, Jackson, Wyoming (a travel medicine practice)
- 1993-1999 Medical Advisor, Shoreland, Inc. (based in Milwaukee, Wisconsin) Producers of Travax, a subscription travel-medicine information system)
- 1999—2000 Editor in Chief, Medicine Planet (internet travel health information company based in San Francisco, California)
- 2000—Present Developing books, lectures, and conferences on the Tibetan Buddhist concept of training in compassion as it applies to Western medicine
- 2007—2023 Medical Editor, CDC *Health Information for International Travel* (The Yellow Book)
- 2021—2024 Chairman and Owner of Medicine and Compassion LLC, which runs The Medicine and Compassion Project[®]

Certification

National Board of Medical Examiners	1976
California State Medical License	1977—1979
Oregon State Medical License	1978—2008
Wyoming State Medical License	1998—Present
Nepal Medical Council	Member since 1983 (No. 755)
Advanced Cardiac Life Support	Certified 1980 and 1982.
Certificate of Knowledge in Travel Health from the International Society of Travel Medicine (awarded for helping create and edit the examination)	2003

Memberships

International Society of Travel Medicine

Fellow, Royal College of Physicians and Surgeons, Glasgow

Royal Medical Society

International Society of Mountain Medicine

American Society of Tropical Medicine and Hygiene

Wilderness Medical Society

Wyoming Medical Society

Professional Volunteer Activities

1979	Volunteer Physician, Himalayan Rescue Association, Pheriche, Nepal (three months)
1980	Volunteer Physician, Himalayan Rescue Association, Pheriche, Nepal (three months)

1982	Volunteer Physician, Himalayan Rescue Association, Pheriche, Nepal (three months)
1980—1983	Associate Medical Director, Himalayan Rescue Association.
1983—1992	Medical Director, Himalayan Rescue Association.
1992—Present	Medical Advisor, Himalayan Rescue Association
1984—1998	Attending Physician, Ka-Nying Shedrup Ling Monastery, Boudhanath, Nepal.
1990—1998	Attending Physician, Tibetan Refugee Reception Center, Kathmandu, Nepal
1998--Present	President, Gomde California, Chogyi Nyima Rinpoche's retreat center in Leggett, California since 1998.
2000--2002	Secretary/Treasurer, American Committee on Clinical Tropical Medicine and Travelers' Health of the American Society of Tropical Medicine and Hygiene
2003—Present	President, Rangjung Yeshe Gomde (a Tibetan Buddhist retreat center in Leggett, California)
2006—2016	Chairman, Teton District Board of Health
2013—2015	President, International Society of Travel Medicine

Editorial Boards

Journal of Travel Medicine

Awards

Scientific Research Award, Fourth Conference on International Travel Medicine, Acapulco, Mexico. 23-27 April 1995.

Research Award, Wilderness Medical Society, awarded 8 August 1996. [Awarded for the cumulative contributions to research in the field of wilderness medicine]

Himalayan Rescue Association. Lifetime Contribution Award. Presented by the Prime Minister of Nepal, K.P. Koirala, December 1998.

Best Short Original Article in *Journal of Travel Medicine*, 1999-2001: "Hepatitis A Post Hepatitis A Vaccination?" Awarded at ISTM Meeting in Innsbruck, May 2001.

Paul Auerbach Award, Wilderness Medical Society. For lifetime contribution to wilderness medicine. July 2012.

Fellow, International Society of Travel Medicine, awarded 2017.

Jay Keystone Education Award from the International Society of Travel Medicine for best educator in travel medicine

International Book Awards, best memoir for *A Gentle Rain of Compassion* by David R Shlim MD

Independent Book Publishers Association Silver Medal for memoir for *A Gentle Rain of Compassion* by David R Shlim MD

Journal Articles

1. Taylor DN, Houston R, Shlim DR, Bhaibulaya M, Ungar BLP, Echeverria P. Etiology of diarrhea among travelers and foreign residents in Nepal. *J Am Med Assoc* 1988;260:1245-1248.
2. Shlim DR, Houston R. Helicopter rescues and deaths among trekkers in Nepal. *J Am Med Assoc* 1989;261:1017-1019.
3. Schwartz E, Shlim DR, Eaton M, Jenks N, Houston R. The effect of oral and parenteral typhoid vaccination on the rate of infection with *Salmonella typhi* and *Salmonella paratyphi A* among foreigners in Nepal. *Arch Intern Med* 1990;150:349-351.
4. Schwartz E, Shlim DR. Enteric fever among Israeli travelers in Nepal: The need for typhoid vaccination. *Israel Journal of Medical Sciences* 1990;26:325-327.
5. Shlim DR, Meijer HJ. Suddenly symptomatic brain tumors at altitude. *Ann Emerg Med* 1991;20:315-316.
6. Shlim DR, Schwartz E, Houston R. Rabies immunoprophylaxis strategy in travelers. *Journal of Wilderness Medicine* 1991;2:15-21.
7. Schwartz E, Innis BL, Shlim DR, Snitbhan R. Viral hepatitis in foreign residents and travelers in Nepal. *Journal of Wilderness Medicine* 1991;2:88-93.

8. Shlim DR, Cohen MT, Eaton M, Rajah R, Long EG, Ungar BLP. An alga-like organism associated with an outbreak of prolonged diarrhea among foreigners in Nepal. *Am J Trop Med Hyg* 1991;45:383-389.
9. Robertson JA, Shlim DR. Treatment of moderate acute mountain sickness with pressurization in a portable hyperbaric (Gamow) bag. *Journal of Wilderness Medicine* 1991;2:268-273.
10. Shlim DR, Gallie J. The causes of death among trekkers in Nepal. *Int J Sports Med* 1992;13:S74-S76.
11. Connor BA, Shlim DR, Scholes JV, Rayburn JL, Reidy J, Rajah R. Pathologic changes in the small bowel in nine patients with diarrhea associated with a coccidia-like body. *Ann Intern Med* 1993;119:377-382.
12. Hoge CW, Shlim DR, Rajah R, Triplett J, Shear M, Rabold JG, Echeverria P. The epidemiology of diarrheal illness associated with a coccidian-like organism among travelers and foreign residents in Nepal. *Lancet* 1993;341:1175-1179.
13. Schwartz E, Jenks NP, Shlim DR. "Typhoid hepatitis" or typhoid fever and acute viral hepatitis. *Transactions of the Royal Society of Tropical Medicine and Hygiene* 1994;88:437-438.
14. Shlim DR, Papenfus K. Pulmonary embolism presenting as high altitude pulmonary edema. *Journal of Wilderness Medicine* 1995;6:220-224.
15. Shlim DR, Hoge C, Rajah R, Rabold JG, Echeverria P. Is *Blastocystis hominis* a cause of diarrhea in travelers? A prospective controlled study in Nepal. *Clin Infect Dis* 1995;21:97-101.
16. Hoge CW, Shlim DR, Ghimire M, Rabold JG, Pandey P, Walsh A, Rajah R, Gaudio P, Echeverria P. Placebo-controlled trial of co-trimoxazole for the treatment of *Cyclospora* infections among travelers and foreign residents in Nepal. *Lancet* 1995;345:691-693.
17. Shlim DR, Schwartz E, Eaton M. Enteric fever in Nepal: The clinical importance of *Salmonella Paratyphi A* infection. *Journal of Travel Medicine* 1995;2:165-168.
18. Hoge CW, Echeverria P, Rajah R, Jacobs J, Malthouse S, Chapman E, Jimenez LM, Shlim DR. Prevalence of *Cyclospora* species and other enteric pathogens among children less than 5 years of age in Nepal. *J Clin Microbiology* 1995;33:3058-3060.
19. Serichantalaergs O, Nirdnoy W, Cravioto A, LeBron C, Wolf M, Svennerholm AM, Shlim DR, Hoge CW, Echeverria P. Coli surface antigens associated with enterotoxigenic *Escherichia coli* strains isolated from persons with traveler's diarrhea in Asia. *J Clin Microbiol* 1997;35:1639-1641.

20. Hoge CW, Shlim DR, Echeverria P, Rajah R, Hermann JE, Cross JH. Epidemiology of diarrhea among expatriate residents living in a highly endemic environment. *JAMA* 1996; 275:533-538.
21. Shlim DR, Pandey P, Rabold JG, Walch A, Rajah R. An open trial of trimethoprim versus *Cyclospora* infections. *J Travel Med* 1997;4:44-45.
22. Taylor DN, Connor BA, Shlim DR. Chronic diarrhea in the returned traveler. *Medical Clinics of North America* 1999;83:1033-1051.
23. Gambel JM, Shlim DR, Canas LC, et al. Partnerships for detecting emerging infectious diseases: Nepal and global influenza surveillance. *Emerg Infect Dis* 1998;4:128-30.
24. Shlim DR, Hoge CW, Rajah R, Scott R McN, Pandey P, Echeverria P. Persistent high risk of diarrhea among foreigners in Nepal during the first two years of residence. *Clinical Infectious Diseases* 1999;29:613-616.
25. Shlim DR. Traveler's diarrhea. *Wilderness and Environmental Medicine* 1999;10:165-170.
26. Shlim DR, Innis B. Hepatitis E vaccine for travelers? (Editorial). *J Travel Med* 2000;7:167-169.
27. Pandey P, Cave W, Shlim DR. Hepatitis A post hepatitis A vaccination? *J Travel Med* 2000;7:213-214. [**Awarded "Best Short Article" in the *Journal of Travel Medicine* for the years 1999-2001**]
28. Pollard AJ, Niermeyer S, Bartsch P, et al. Children at high altitude: an international consensus statement by an ad hoc committee of the International Society for Mountain Medicine, March 12, 2001. *High Alt Med Biol* 2001;2:389-403.
29. Pollard AJ, Shlim DR. Epidemic meningococcal disease and travel. *J Travel Med* 2002;9:29-33.
30. Pandey P, Shlim DR, Cave W, Springer M. Risk of possible exposure to rabies among tourists and foreign residents in Nepal. *J Travel Med* 2002;9:127-131.
31. Shlim DR, Solomon T. Japanese encephalitis: Exploring the limits of risk. *Clinical Infectious Diseases* 2002;35:183-188.
32. Shlim DR. Medicine on the move. Book review: *Principles and Practice of Travel Medicine*, Jane N. Zuckerman, ed. *Lancet* 2002;359:1442-1443.
33. Shlim DR. *Cyclospora cayetanensis*. *Clinics in Laboratory Medicine* 2002;22:927-936.

34. Hackett P, Shlim DR. Medical advisors for commercial adventures: coming of age? (Editorial). *High Altitude Medicine and Biology* 2003;3:343-346.
35. Cave W, Pandey P, Osrin D, Shlim DR. Chemoprophylaxis use and the risk of malaria in travelers to Nepal. *J Travel Med* 2003;10:100-105.
36. Shlim DR. Update in Traveler's Diarrhea. *Infectious Disease Clinics of North America* 2005;19:137-149.
37. Shlim DR. Looking for Evidence that Personal Hygiene Precautions Prevent Travelers' Diarrhea. *Clinical Infectious Diseases* 2005;41 (Suppl 8):S531-S535.
38. Shlim DR. Introduction to Traveler's Diarrhea: A Fifty Year Perspective. *Clinical Infectious Diseases* 2005;41 (Suppl 8):S521-S523.
39. Leshem E, Pandey P, Shlim DR, Hiramatsu K, Sidi Y, Schwartz E. Clinical features of patients with severe altitude illness in Nepal. *J Travel Med* 2008;15:315-22.
40. Pandey P, Bodhidatta L, Lewis M, Murphy H, Shlim DR, Cave W, Rajah R, Springer M, Batchelor T, Sornsakrin S, Mason CJ. Travelers' diarrhea in Nepal: an update on the pathogens and antibiotic resistance. *J Travel Med* 2011;18(2):102-8.
41. Shlim DR, Langer, CS. Are expedition medical kits too dangerous to carry? *J Travel Med* 2012;19:205-206.
42. Watcharapong P, Steffen R, Shlim DR, Gherardin T, Chatterjee S. Travel medicine for Asian travelers—do we need new approaches? *J Travel Med* 2012; 19(6): 335-337.
43. Taylor DN, Hamer DH, Shlim DR. Medications for the prevention and treatment of travellers' diarrhea. *J Travel Med* (2017) 24 (suppl_1): S17-S22.
44. Shlim DR. Empiric Treatment for Persistent Abdominal Symptoms After Travel: A Practical Option for a Protracted Problem? (Editorial). *Journal of Travel Medicine*, Volume 25, Issue 1, 1 January 2018, tax078, <https://doi.org/10.1093/jtm/tax078>
45. Shlim DR. Preventing rabies: the new WHO recommendations and their impact on travel medicine practice. *Journal of Travel Medicine*, Volume 25, Issue 1, 1 January 2018, tay119, <https://doi.org/10.1093/jtm/tay119>
46. Shlim DR. The use of acetazolamide for the prevention of high-altitude illness. *Journal of Travel Medicine*, 2020, 1–6 <https://doi.org/10.1093/jtm/taz106>
47. Shlim DR, Connor BA, Taylor DN. What will travel medicine look like in the COVID-19 pandemic era? *Journal of Travel Medicine*, taaa148, <https://doi.org/10.1093/jtm/taaa148>

48. Salim Parker, MBChB, Robert Steffen, MD, Harunor Rashid, MD, Miguel M Cabada, MD, Ziad A Memish, Philippe Gautret, PhD, Cheikh Sokhna, PhD, Avinash Sharma, PhD, David R Shlim, MD, Eyal Leshem, MD, Dominic E Dwyer, MD, Faris Lami, PhD, Santanu Chatterjee, MBBS, FFTM RCPS, Shuja Shafi, FRCPath, Alimuddin Zumla, PhD, Ozayr Mahomed, PhD. Sacred journeys and pilgrimages: health risks associated with travels for religious purposes. *Journal of Travel Medicine*, taae122, <https://doi.org/10.1093/jtm/taae122> Published 31 August 2024

Letters

1. Shlim DR, Dexamethasone in the treatment of acute mountain sickness. *N Engl J Med* 1985; 312:1390.
2. Babcock D, Houston R, Kumaki D, Shlim DR. *Blastocystis Hominis* in Kathmandu, Nepal. *N Engl J Med* 1985; 313:1419.
3. Schwartz E, Shlim DR. Tickbite appendicitis. *J Am Med Assoc* 1988; 259:3561.
4. Shlim DR, Cohen MT. Guillain-Barre syndrome presenting as high altitude cerebral edema. *N Engl J Med* 1989;321:545.
5. Eaton M, Cohen MT, Shlim DR, Innes B. Ciprofloxacin therapy for typhus. *J Am Med Assoc* 1989;262:772-773.
6. Shlim DR. Severe facial rash associated with mefloquine. *J Am Med Assoc* 1991;266:2560.
7. Hoge CW, Shlim DR, Echeverria P. Cyanobacterium-like cyclospora species. *N Engl J Med* 1993;329:1504-1505.
8. Rabold JG, Hoge CW, Shlim DR, Kefford C, Rajah R, Echeverria P. Cyclospora outbreak associated with chlorinated drinking water. *Lancet* 1994;344:1360-1361.
9. Shlim DR. Diplopia at high altitude [note]. *Journal of Wilderness Medicine* 1995;6:341-342.
10. Connor BA, Shlim DR. Foodborne transmission of cyclospora. *Lancet* 1995;346:1634.
11. Shlim DR, Panosian C. Case 21-1998: Rabies. *NEJM* 1999;340:64-65.
12. Shlim DR. Into Thin Air: Deaths on Everest. *JAMA* 1999;282:2212.

13. Shlim DR. Tropical sprue as a cause of traveler's diarrhea. *Wilderness and Environmental Medicine* 2000;11:140-141.
14. Shlim DR. Response: If you don't feel well at altitude... *Wilderness and Environmental Medicine* 2001;12:156-157.

Book Chapters

1. Taylor DN, Shlim DR. Approach to recurrent and prolonged diarrhea in the traveler. In: Jong, EC and Keystone, JS, eds. *Travel Medicine Advisor*. Atlanta: American Health Consultants; 1990.
2. Shlim DR, Houston R, Motamedi M. Helicopter rescues and deaths among trekkers in Nepal. In: Steffen R, Lobel HO, Haworth J, Bradley DJ, eds. *Travel Medicine: Proceedings of the first conference on international travel medicine, Zurich, Switzerland, 5-8 April 1988*. Berlin: Springer-Verlag; 1989.
3. Lange RW, Stich AHR, Fleischer K, Shlim DR. Expatriates and long-term travelers. In: Dupont HL and Steffen R, eds. *Textbook of Travel Medicine and Health*, B.C. Decker, Inc. Hamilton, Ontario 1997.
4. Connor BA, Shlim DR. Cyclosporiasis. In: Strickland GT, ed. *Hunter's Tropical Medicine and Emerging Infectious Diseases*. W.B. Saunders Company, Philadelphia 1999:600-603.
5. Shlim DR, Valk TH. Expatriates and long-term travelers. In: Dupont HL and Steffen R, eds. *Textbook of Travel Medicine and Health (2nd edition)*. B.C. Decker, Inc. Hamilton Ontario 2001.
6. Shlim DR, Hoge CW. Blastocystis hominis. In: Yu VL, Weber R, Raoult D, eds. *Antimicrobial Therapy and Vaccines Volume I: Microbes (2nd edition)*. Apple Trees Productions, LLC. New York 2002.
7. Hoge CW, Shlim DR. Cyclospora cayetanensis. In: Yu VL, Weber R, Raoult D, eds. *Antimicrobial Therapy and Vaccines Volume I: Microbes (2nd edition)*. Apple Trees Productions, LLC. New York 2002.
8. Shlim DR, Pandey P. Diarrhea in Expatriates. In: Ericsson CD, DuPont HL, Steffen R, eds. *Travelers' Diarrhea*. BC Decker Inc. Hamilton 2003.
9. Shlim DR. Self-Treatment of Traveler's Diarrhea. In: Keystone, Kozarsky, Nothdurft, Freedman, Connor, eds. *Travel Medicine*. Elsevier Science, 2003.
10. Shlim DR. Altitude Illness. In: Arguin, Kozarsky, Navin, eds. *Health Information for International Travel: 2005-2006*. Centers for Disease Control. Elsevier/Mosby

2005.

11. Shlim DR. History of Cyclospora at the CIWEC Clinic, Nepal. In: Wilder-Smith A, Schwartz E, Shaw M, eds. *Travel Medicine: Tales Behind the Science*. Elsevier, Amsterdam, 2007.
12. Pandey P, Shlim DR History of the CIWEC Clinic in Kathmandu, Nepal. In: Wilder-Smith A, Schwartz E, Shaw M, eds. *Travel Medicine: Tales Behind the Science*. Elsevier, Amsterdam, 2007.
13. Shlim DR. Compassion. In: Walker PF, Barnett ED, eds. *Immigrant Medicine*. Saunders Elsevier, China, 2007.
14. Shlim DR. Diarrhea in Expatriates. In: Ericsson CD, DuPont HL, Steffen R, eds. *Travelers' Diarrhea*, 2nd edition. BC Decker Inc., Hamilton, 2008.
15. Shlim DR. Foreword. In: Auerbach PS, ed. *Wilderness Medicine*, 6th edition. Elsevier Mosby, 2012.
16. Chapters in CDC Health Information for International Travel 2012, New York: Oxford University Press, 2012:
 1. Risks travelers face
 2. Why guidelines differ (with Alan J. Magill)
 3. Altitude illness (with Peter H. Hackett)
 4. Perspectives: Prevention of travelers' diarrhea—it's not only what you eat and drink
 5. Problems with heat and cold (with Howard D. Backer)
 6. Cyclosporiasis (with Barbara L. Herwaldt)
 7. Rabies (with Charles E. Rupprecht)
 8. Nepal
 9. Travel vaccine summary table
17. Chapters in CDC Health Information for International Travel 2014, Oxford University Press, 2014:
 1. Why guidelines differ (with Alan J. Magill)
 2. Risks travelers face
 3. Altitude illness (with Peter H. Hackett)
 4. For the record: A history of the definition and management of altitude illness
 5. Prevention of travelers' diarrhea—it's not only what you eat and drink
 6. Problems with heat and cold (with Howard D. Backer)
 7. Rabies (with Charles E. Rupprecht)
 8. Nepal
 9. Travel vaccine summary table
18. Chapters in CDC Health Information for International Travel 2016, Oxford University Press, 2016
 1. Why guidelines differ (with Alan J. Magill)

2. Perspectives: Travelers' Perception of Risk
 3. Altitude illness (with Peter H. Hackett)
 4. For the record: A history of the definition and management of altitude illness
 5. Perspectives: Prevention of travelers' diarrhea—it's not only what you eat and drink
 6. Problems with heat and cold (with Howard D. Backer)
 7. Rabies (with Cathleen A. Hanlon)
 8. Nepal
 9. Travel vaccine summary table
19. Chapters in CDC Health Information for International Travel 2018, Oxford University Press, 2018
1. In memoriam: A tribute to Alan J. Magill
 2. Why guidelines differ
 3. Perspectives: Travelers' perception of risk
 4. Altitude Illness (with Peter H. Hackett)
 5. Problems with heat and cold (with Howard D. Backer)
 6. Rabies (with Brett W. Petersen, Ryan M. Wallace)
 7. Nepal
20. Chapters in CDC Health Information for International Travel 2020, Oxford University Press, 2020
1. Why guidelines differ
 2. Perspectives: Travelers' perception of risk
 3. High Altitude Travel and Altitude Illness (with Peter H. Hackett)
 4. Extremes of Temperature (with Howard D. Backer)
 5. Rabies (with Brett W. Petersen, Ryan M. Wallace)
 6. Nepal
21. Riddle MS, Shlim DR, Connor BA. Persistent gastrointestinal symptoms in the ill-returning traveler. In: Keystone JS and Kozarsky PE, et al, eds. Travel Medicine, 4th edition, Elsevier, 2019.

Abstracts

1. Shlim D.R., and Heleen M. (1990). Acute, severe, neuro-logical symptoms at high altitude due to meningioma. Hypoxia: The Adaptations. J. R. Sutton, G. Coates and J. E. Remmers, eds. Philadelphia, Dekker, 295 (abstract)
2. Connor BA, Shlim DR, Rajah R. Abnormal d-xylose absorption in patients with cyanobacteria-like body diarrhea. Gastroenterology 1992;102:A610.
3. Connor BA, Shlim DR, Rajah R. Duodenal aspirates in nine patients with diarrhea associated with a cyanobacteria-like body (CLB). Gastroenterology 1992;102:A610.

4. Shear M, Connor BA, Shlim DR, Taylor DN, Rabold JG. Azithromycin treatment of Cyclospora infections. *Gastroenterology* 1994;105:A772.

Lay Periodicals and Book Contributions

1. Shlim DR. A case of HACE. *Off Belay*. June 1980;51:9-12
2. Shlim DR. Acute mountain sickness. *Emergency*. October 1980;12:77-79.
3. Shlim DR. Backpacking the upper limits. *Backpacker*. December/January 1981-82;10:84-85.
4. Shlim DR. First class first aid. *Backpacker*. November 1982;10;80-82.
5. Shlim DR. A perspective on mountain sickness and mountain rescue in Nepal. *Nepal Himal* 1985 (First Edition):29-33.
6. Shlim DR. Health and safety. In: Armington S. *Trekking in the Nepal Himalaya*. Berkeley, Calif: Lonely Planet Publications; 1994:104-136. First published in 1985.
7. Shlim DR. Vanishing into thin air. In: *Insight Guide Nepal*. Apa Publications (HK) Ltd. 1991:243-245.
8. Shlim DR. Good Faith: Reflections on the ethics of rescue in adventure travel. *Summit: The Mountain Journal*. Summer 1991;92-95.
9. Shlim DR. Staying healthy in the Himalaya. *Nepal Travel Trade Reporter*. February 1994.
10. Shlim DR. Adventure-travel medicine. *Summit: The Mountain Journal*. Special Guide Issue Spring-Summer 1995.
11. Shlim DR. Nothing More. *Summit: The Mountain Journal*. Winter 1995-96.
12. Shlim DR. Dispelling the Myths of Traveler's Diarrhea. *Summit: The Mountain Journal*. Summer 1996: 64-67.
13. Shlim DR, Connor BA. Medical Sleuths in Kathmandu. In: *1996 Medical and Health Annual*, Encyclopedia Britannica, Inc. Chicago, 1996. [Telling the story of how we discovered a new intestinal pathogen called Cyclospora]
14. Hackett PH, Shlim DR. The High Life: Health and Sickness at High Altitude. In: *1997 Medical and Health Annual*, Encyclopedia Britannica, Inc. Chicago, 1997.
15. Shlim DR. They Took Me In. *Himalaya: Personal Stories of Grandeur, Challenge, and Hope*. Edited by Richard C. Blum, Erica Stone, and Broughton Coburn.

National Geographic Society and American Himalayan Foundation. Washington, D.C., 2006.

Books

Rinpoche, Chogyi Nyima, with Shlim DR. *Medicine and Compassion: A Tibetan Lama's Guidance for Caregivers*. Wisdom Publications, Inc. Boston, 2015.

Rinpoche, Chogyi Nyima and Shlim DR. *Medicine and Compassion: A Tibetan Lama and an American Doctor on How to Provide Care with Compassion and Wisdom*. Second edition. Wisdom Publications, Inc. Boston, 2015.

Shlim DR. *A Gentle Rain of Compassion*. Di Angelo Publications 2022. Winner of the International Book Awards prize for best memoir 2022 and Independent Book Publishers Association silver medal for memoir 2023.

Conferences Organized

Medicine for Adventure Travel. Innovative course in the science behind travel medicine, Jackson Hole, Wyoming. Chairman since creating the course in 1993. Five day courses held in 1993, 1994, 1995, 1997, 1999, 2001, and 2006.

Medicine and Compassion. A three day course dealing with issues of suffering and compassion from a Tibetan Buddhist point of view, as it applies to medical practitioners. Jackson Hole, Wyoming. September 1-3, 2000.

Medicine and Wisdom. The second course dealing with the concepts of compassion and wisdom as they apply to health care professionals. Jackson Hole, Wyoming. June 27-30, 2002.

Organized and hosted an international Consensus Conference on Traveler's Diarrhea for the International Society of Travel Medicine called "Diarrhea at the Summit" in Jackson Hole, Wyoming June 12-14, 2004. The proceedings of the conference were published in *Clinical Infectious Diseases* in December 2005.

Medicine and Compassion. The third course on medicine and compassion featuring Chogyi Nyima Rinpoche. Presented at the Harvard School of Public Health, Boston, Massachusetts, July 7-9, 2005.

Joint Conference of the Wilderness Medical Society and the International Society of Travel Medicine, 2014, Jackson Hole, Wyoming. Conference coordinator and host.

Medicine and Compassion Retreat, Turpin Meadow Ranch, Jackson Hole, Wyoming October 1st to 6th 2017, with Phakchok Rinpoche.

Medicine and Compassion Retreat, Turpin Meadow Ranch, Jackson Hole, Wyoming
October 10th to 14th, 2018, with Phakchok Rinpoche.

Medicine and Compassion Retreat, Turpin Meadow Ranch, Jackson Hole, Wyoming
October 10th to 14th, 2018, with Lama Oser.

Medicine and Compassion Retreat, Turpin Meadow Ranch, Jackson Hole, Wyoming
September 27th to 1 October 1st, 2021 with Lama Oser.

Medicine and Compassion Retreat, Turpin Meadow Ranch, Jackson Hole, Wyoming
September 28th to 1 October 2nd, 2022 with Lama Oser.

Medicine and Compassion Retreat, Kathmandu, Nepal, November 2023 with Phakchok
Rinpoche and Lama Oser

Medical School Teaching

Elective in Medicine and Compassion, National University of Ireland, Galway, winter
2020, fourth year students.

Elective in Medicine and Compassion, National University of Ireland, Galway, winter
2021, fourth year students.

Online Courses

“Training in Compassion,” an 8-part lecture course on the Samye Institute
<https://samyeinstitute.org>

Medicine and Compassion videos: 52 videos available online on Medicine and
Compassion: www.medicineandcompassion.com

Lectures

More than 300 lectures and keynote speeches at conferences around the world, including
the U.S., Canada, Scotland, England, Ireland, South Africa, Vietnam, Singapore, Nepal,
The Netherlands, France, Germany, Austria, Portugal, Mexico, Switzerland, Spain, Peru,
and New Zealand. Topics include both travel medicine topics and medicine and
compassion.

Additional Teaching

Lecturer at Palisades School of Mountaineering Mountain Medicine Seminar 1978, 1980, 1982.

Lecturer, Bhutan Eco-Tourism Conservation Training Workshop, Thimpu, Bhutan, February 1993.

Lecturer, Sikkim Biodiversity and Ecotourism Workshop, Gangtok, Sikkim, 12-16 February 1996.

Visiting Lecturer at Gorgas Course, Lima, Peru, 25-27 February 2004.

Medicine and Compassion: Year long project at Port Neuf Hospital, Pocatello, Idaho, 2005-2006.

Photography

Contributing photographer to *Sir Edmund Hillary's Sagarmatha*. Singapore: APA; 1991.

Other Activities

Lead singer, songwriter, and rhythm guitarist for "Fear of Heights," a rock and roll band in Kathmandu, Nepal 1983-1988.

Tour doctor for The Rolling Stones, 2013 to 2015, providing medical care for the band and its entourage on tour, including the U.S., Canada, Japan, China, and Australia.